






FEBRUARY 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 BLACK HISTORY MONTH	<p>FREE ESL Classes ONLINE Every Tues and Thurs Evening See back of calendar for details</p> 				<p>All services offered are free to the community!</p>	
<p>Preparing to Work From Home 10am-11am ²</p> <p>Computer Programming 4Kids 3:30-4:30PM</p>	<p>DIY UNIVERSITY Thrifting & Upcycling 11:30AM ³</p> 	<p>Administrative Day ⁴ CENTER OPENS AT 2PM</p>	<p>⁵ Girls Group/Boys Group 3:30PM</p>	<p>⁶ Munchkin Valentine's Popsicle Stick Craft 11:30-12:30PM</p>	<p>⁷</p>	<p>⁸</p>
<p>Preparing to Work From Home 10am-11am ⁹</p> <p>Morning Meditation via Facebook 9:30AM</p> <p>Computer Programming 4Kids 3:30-4:30PM</p>	<p>¹⁰ Chess Club ALL LEVELS WELCOME 3:30PM</p>	<p>Morning Meditation w/Brille via Facebook 9:30AM ¹¹</p> 	<p>¹² Girls Group/Boys Group 3:30PM</p>	<p>¹³ Build-a-kit Valentines Day Craft presented by Home Depot REGISTRATION CLOSED 1-2:30P</p>	<p>Diaper Week ¹⁴</p>  <p>Due to limited supply, please call ahead to make sure we have your diaper size available</p>	<p>¹⁵ Crescent Lighting Ceremony at Little Ferry Borough Hall 2-4PM</p>
<p>Preparing to Work From Home 10am-11am ¹⁶</p> <p>Morning Meditation via Facebook 9:30AM</p> <p>Computer Programming 4Kids 3:30-4:30PM</p>	<p>Meadowlands YMCA ¹⁷ Food Distribution 9AM Talk to SNAP Rep 10AM-2PM BY APPOINTMENT</p>	<p>¹⁸ Morning Meditation w/Brille via Facebook 9:30AM</p>	<p>Senior Benefits Navigators 10a-1pm ¹⁹</p> <p>Girls Group/Boys Group 3:30PM</p>	<p>²⁰ Munchkin Yoga 11:30-12:30PM MFSC Parent Meeting 12:30-1:30PM</p>	<p>²¹ Daddy Daughter Dance at Little Ferry Public Safety Building 95 Main St 2-5pm</p>	<p>²²</p>
<p>Preparing to Work From Home 10am-11am ²³</p> <p>Morning Meditation on FB 9:30AM</p> <p>Adult Yoga 11:30-12:30PM</p> <p>Programming 4Kids 3:30-4:30PM</p>	<p>²⁴ Chess Club ALL LEVELS WELCOME 3:30PM</p> 	<p>²⁵ Morning Meditation with Brille via Facebook 9:30AM</p>	<p>²⁶ Ramadan Story Time 3:30PM</p> 	<p>²⁷ Munchkins Talk about Screen Time w/HUMC Pediatric Residents 11:30-12:30PM</p>	<p>²⁸ Little Learners Big Beginnings Parent-Child Literacy Ages 0-3 10AM-11AM</p>	<p>Homework Help available Call us for details</p> 

*See Back for More Details *

100 Washington Avenue
Little Ferry, NJ 07643
Telephone: 201-464-4714



@Meadowlands Family
Success Center



@Meadowlandsfsc

Hours of Operation
Monday, Tuesday, Wednesday
9am - 5pm
Thursday: 10am - 7pm
Friday: 9am-4pm
Saturday: SEE CALENDAR

Our Free Community Services and Resources

ADVOCACY

Talk to a SNAP Representative –
By Appointments Only – Call 201-464-4714 to schedule.
Speak to a specialist to apply for SNAP benefits.

Diaper Distribution– 2nd Full Week of Each Month
Call-in advance to make an appointment for pick up. Due to low supply, 1 pack of diapers for each child. Please see calendar.

LIFE SKILLS

Girls Group – Every Thursday 3:30 to 4:30 PM – Join us for girl fun with icebreakers, arts & crafts, journaling, current events & media literacy.

Boys Group– Every Thursday 3:30 to 4:30PM
Introducing.... Boys Group! This dynamic program isn't just about learning—it's an adventure in self-discovery and growth. Through hands-on activities and an engaging self-awareness curriculum, boys will uncover their strengths, build confidence, and create lasting friendships.

ESL – Free ESL class offered online only. Registration REQUIRED. Call for more details. Intermediate: 6PM, Pre-Intermediate: 7PM, Beginners 8PM

Click & Zen Computer Class Interactive class. Master essentials such as budgeting, enhancing your job search, discover online schools and research tools, explore social media, access online fitness and nutritional resources and use google docs

Computer Programming 4 Kids – Creating Games in Scratch! Dive into the world of coding with our beginner-friendly computer programming course for ages 8 and up! Explore the basics of programming through fun, interactive projects. Laptops are encouraged but not required. Call to register.

Homework Help – Offered in English and Spanish. Monday – Thursday from 3-4:15pm. Will not be available some days due to programming or staffing conflict. Call ahead to inquire.

Preparing to Work From Home – Hosted by NJ4S Bergen HUB, this series supports individuals exploring remote and flexible work opportunities. Topics include building productive routines, managing work-life balance, and developing job search skills such as navigating online search engines, using social media for marketing, and exploring self-employment options..

FAMILY HEALTH

Adult Yoga
Build community, have fun and relax with our adult yoga class.

Mindful Meditation with Brille
Start your day with intention and calm. Join us every Monday and Wednesday at 9:30 AM via Facebook Live for a mindful meditation session. Participants are encouraged to relax in a comfortable space at home and visualize a positive day ahead.

Senior Benefits Navigators – Senior citizens get support with all social service applications. No registration required.

PARENT-CHILD INTERACTION/DEVELOPMENT

Parent-Child Activity Series – Each session encourages hands-on fun through parent-led activities like crafting, simple food-making, and sensory exploration. This is a special opportunity for caregivers to guide, engage, and grow alongside their children in a playful and supportive environment.

Daddy-Daughter Dance: My Forever Valentine
Meadowlands FSC, NJ4S Bergen HUB, and the Little Ferry Police Activities League invite families to a special Daddy-Daughter Dance celebrating love, connection, and lasting memories. Enjoy music, dancing, and sweet moments in a fun and welcoming atmosphere.

Little Learners, Big Beginners
Presented by Little Ferry Public Schools, this early learning program is designed especially for children ages 0-3 and their caregivers. Families will enjoy a read-aloud story, fine motor play, coloring and early writing experiences, along with media, music, and rhyming activities that support early development. All materials are provided.

COMMUNITY ENGAGEMENT

YMCA Community Food Distribution 3rd Tuesday of Each Month
Through partnerships with the Community Food Bank of New Jersey and Table to Table, the Meadowlands YMCA & FSC provide a monthly food community members in need.
Location: Meadowlands YMCA – 390 Murray Hill Parkway, East Rutherford, NJ

MFSC Parent Meeting – We will be sharing ideas for future events that address the needs of the community. Who better to be the voice of what the community needs than members of it!

The Meadowlands Family Success Center is operated by the Meadowlands Area YMCA with state funding.