

FALL 2 PROGRAMS

REGISTRATION OPENS 10/15@ 5PM

7 weeks

11/3 - 12/19

MEMBERS \$149 | NON-MEMBERS \$175 (UNLESS OTHERWISE POSTED)

MONDAYS

Class	Ages	Start Time	End Time
Basketball Skills	5-8	5:00 PM	5:45PM
Basketball Skills	9-12	6:00 PM	6:45 PM
* Advanced Gymnastics	5-12	5:00 PM	6:00 PM
Beginner Gymnastics	5-12	6:00 PM	6:45 PM

***FREE For Members**

***\$175 Members | \$201 Non-Members**



WEDNESDAYS

Class	Ages	Start Time	End Time
Movers and Shakers (PARENT & CHILD CLASS, guardians must be prepared to participate.)	2-3	9:30 AM	10:15 AM
* Playgroup	1-3	10:30 AM	11:15 AM
Storytime Art	2-3	11:30 AM	12:15 PM
Soccer Skills	5-8	5:00 PM	5:45PM
Soccer Skills	9-12	6:00 PM	6:45 PM
Tiny Tumblers	2-4	4:45 PM	5:30 PM
Beginner Gymnastics	5-12	5:30 PM	6:15 PM
Beginner Gymnastics	5-12	6:15 PM	7:00 PM
Adult Self Defense	18+	6:45 PM	7:45 PM

THURSDAYS

Class	Ages	Start Time	End Time
Chess Club	5-8	5:00 PM	5:45PM
Chess Club	9-12	6:00 PM	6:45 PM

**NEW
CLASS!**


Meadowlands YMCA

For More Information:
psstern@meadowlandsymca.org

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SATURDAYS

Class	Ages	Start Time	End Time
Soccer Skills	5-8	9:00 AM	9:45 AM
Soccer Skills	9-12	10:00 AM	10:45 AM
Basketball Skills	5-8	11:00 AM	11:45 AM
Basketball Skills	9-12	12:00 PM	12:45 PM
Rising Stars	2-3	9:00 AM	9:45 AM
Mini All Stars	4-6	10:00 AM	10:45 AM
Youth S.A.Q.	10-14	11:00 AM	11:45 AM
* Family Yoga	Family	9:00 AM	10:00 AM
Tiny Tumblers	2-4	9:15 AM	10:00 AM
Beginner Gymnastics	5-12	10:15 AM	11:00 AM
* Advanced Gymnastics	5-12	11:00 AM	12:00 PM
Martial Arts Kids	5-8	10:00 AM	10:45 AM
Martial Arts Kids	9-12	11:00 AM	11:45 AM

***FREE For Members**

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SUNDAYS

Class	Ages	Start Time	End Time
Tennis	5-8	9:00 AM	9:45 AM
Tennis	9-12	10:00 AM	10:45 AM




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