| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|----------------------------|--|------------------------|--------------------------|------------------------|--------------------------|--------------------------|--|--|
| 5:00am 6:00am | | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | | 5:00am 6:00am |
| 7:00am 8:00am | | | | | | | Full Court Basketball | 7:00am 8:00am |
| 9:00am 9:30am | 1 | | | | | | Rising Stars & Mini | 9:00am 9:30am |
| 10:00am 10:30am | | Advanced Pickleball | Advanced Pickleball | Advanced Pickleball | Advanced Pickleball | Open Pickleball | All Stars | 10:00am 10:30am |
| 11:00am 11:30am | Intro to Pickleball | | | | | | Half Court Basketball | 11:00am 11:30am |
| 12:00pm 12:30pm | | | | | | | | 12:00pm 12:30pm |
| 1:00pm 1:30pm 2:00pm | Pickleball TBD please Email Pstern@meadowl andsymca.org | Full Court Basketball | | Full Court Basketball | | Full Court Basketball | Pickleball TBD please Email Pstern@meadowlan dsymca.org | 1:00pm 1:30pm 2:00pm 2:30pm 3:00pm 3:30pm 4:00pm |
| 5:00pm 5:30pm 6:00pm | | | Full Court Basketball | | Full Court Basketball | | | 5:00pm 5:30pm 6:00pm |
| 6:30pm | | | | | | | | 6:30pm |
| 7:00pm | | | | | | Volleyball | | 7:00pm |
| 7:30pm 8:00pm 8:30pm | | Open Pickleball | | Open Pickleball | | | | 7:30pm 8:00pm 8:30pm |
| 9:00pm | | | | | | | | 9:00pm |