



VOLUNTEER PACK

Thank you for considering the Meadowlands YMCA as a place to donate your time and talents to strengthen community. Volunteers are vital to the Y. Without them, we wouldn't be able to meet the needs of the children, families, and adults in the Meadowlands communities.

At the YMCA, we know that your time and talent are precious, and we want every minute you spend with us to be worthwhile. That's why we're asking you to take a few minutes to fill out this application. It will help us begin to make the right match between your skills and interests and the opportunities available.

You will find questions on this form about you, your interests, your background, and references. We hope you'll understand that, unfortunately, not everyone will be appropriate to volunteer at the Y. We make an active effort to prevent abuse. So even though we may know you well, we reserve the right to conduct background and reference checks on all volunteers. It's just one of the many ways we help protect children and other vulnerable people served by the Meadowlands YMCA.

Thanks for your cooperation in this effort and your interest in the Y. If you have any questions, please contact Amanda Scully ascully@meadowlandsymca.org

All volunteers must complete step 1 through 3

VOLUNTEER PACK CHECKLIST

1. Fill out Information Form
 2. Sign Waiver of Liability and Indemnity Agreement
 3. Copy of Photo ID
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VOLUNTEER OPPORTUNITIES

Below is a list of some programs or positions you can volunteer with us at the Meadowlands YMCA. These are not the extent of our volunteer opportunities. If you do not see a program that interests you please fill out the form and comment in the Additional Information section with the program you are looking for.

FOOD DISTRIBUTION

Every Tuesday a team of volunteers builds and pack boxes full of produce and other food items. Those boxes are then loaded into cars through a carline. This program has positions including but not limited to traffic, loaders, packers, and cleaners.

GOLF OUTING

Each year we host a golf outing where the proceeds go toward our fundraising campaign for the given year. The event has positions including but not limited to check-in, ticket seller, greeter, and set-up/break-down.

CLASS INSTRUCTOR

We offer both youth and adult classes in many different topics - group exercise, arts, sports, STEAM, and swimming. If you have a special skill or talent you would like to share please list in the Additional Information section of this form. Instructors will be asked for additional background information if selected for a class.

DAYCARE/CHILDCARE EVENTS

We often have special events in our daycare and childcare programs. Whether it is culture week, read across america, graduation or halloween we could always use helping hands. We also often bring in special presentors for the children - if you have a skill, talent, or job you would like to share with our daycare/childcare we would love to hear from you. Daycare and Childcare volunteers will be asked for extra background information.

The positions listed above are not the only available volunteer opportunities. If you are interested in sharing a talent skill or your time in a different department - membership, facilities, marketing, etc please list this in Additional Information section of the form. You can also email Amanda - ascully@meadowlandsymca.org - for a more up to date list of volunteer opportunities and positions.



Meadowlands YMCA
390 Murray Hill Parkway East Rutherford NJ 07073
201-955-5300 ascully@meadowlandsymca.org

MEADOWLANDS
YMCA

VOLUNTEER INFORMATION FORM

PERSONAL INFORMATION

FIRST NAME _____ LAST NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CELLPHONE _____ HOME TELEPHONE _____ BIRTHDAY ___/___/___

EMAIL ADDRESS _____

ARE YOU A MEADOWLANDS YMCA MEMBER? YES _____ NO _____

ARE YOU OVER 18? YES _____ NO _____ (if no parent/guardian must sign form as well)

HAVE YOU EVER BEEN CONVICTED OF A CRIME? YES _____ NO _____

IF YES, EXPLAIN _____

EDUCATION

NAME OF SCHOOL _____

MAJOR/MINOR _____ DID YOU GRADUATE _____ DEGREE/DIPLOMA _____

EMERGENCY CONTACT

FIRST NAME _____ LAST NAME _____

CELLPHONE _____ HOME TELEPHONE _____

VOLUNTEER EXPERIENCE

ORGANIZATION	DATE OF SERVICE	POSITION/RESPONSIBILITIES



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VOLUNTEER INFORMATION FORM contd

ADDITIONAL INFORMATION

REASON FOR VOLUNTEERING _____

AREA INTERESTED IN VOLUNTEERING _____

SKILLS, TALENTS YOU CAN SHARE AS A VOLUNTEER _____

REFERENCES

I give permission to contact the following individuals for reasons of completing references.

NAME	RELATIONSHIP	EMAIL	PHONE

AGREEMENT

- I understand that when I volunteer at the Meadowlands YMCA, my actions are a reflection on myself as well as my organization.
- I understand the the Meadowlands YMCA reserves the right to screen volunteers to accept or reject any applications and to place applicants in specific locations and positions based on the needs of the YMCA.
- I understand that I will not be paid for my services as a volunteer and I am giving my time freely.
- I understand that my volunteer service may end at any time for any reason with or without cause and with or without notice.

SIGNATURE _____ DATE _____

PARENT/GUARDIAN SIGNATURE _____ DATE _____



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WAIVER of LIABILITY & INDEMNITY AGREEMENT

THIS IS YOUR RELEASE AND WAIVER OF LIABILITY (the "Release"). You individually and on behalf of any minor child, release the Meadowlands Area YMCA, its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, "YMCA"). You agree that this Release is effective immediately. This is important to you and any minor children, so do not sign until you have had your questions answered. You provide this release freely, and without duress under the following terms:

- 1) **GENERAL RELEASE, INDEMNIFICATION AND HOLD HARMLESS:** I hereby agree for myself and my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors and other participants ("Releases") in the YMCA programs harmless from any and all claim and causes of action of any nature for any and all personal injury or illness, including death, which may occur to my child or which may be aggravated during or by any activity during the course of the volunteer term in which I have decide to allow [myself or my child] to engage. I further waive any and all claims or causes of action which I or my child may now or hereafter have against YMCA which may at any time arise as a result of any act or thing occurring in or arising out of [my or my child's] participation in the YMCA programs. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the law of the State of New Jersey and that any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect.
- 2) **ASSUMPTION OF RISK:** I, individually and/or on behalf of any minor child(ren), expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from participating in the YMCA Programs. You assume the risks: I, individually and on behalf of my minor child(ren), understand that the YMCA volunteer activities are strenuous and dangerous. I understand that the activity should be engaged in only by persons in good health. I understand that I should consult a physician before enrolling myself in the volunteer program. Once you sign, you are saying that you understand the risks involved and accept all of the risks. You acknowledge that the YMCA is a charitable organization and that you are a beneficiary of the YMCA.
- 3) **MEDICAL RELEASE:** I, individually or on behalf of any minor child(ren), hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me or my minor child(ren) in connection with any injury that arises from volunteering. A) I take full responsibility for my welfare and safety as well as my child(ren) during the term of my volunteering. B) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.
- 4) **INSURANCE:** YOU ARE EXPECTED TO HAVE YOUR OWN HEALTH INSURANCE. You should understand that the YMCA does not carry insurance to cover injuries and losses that may befall you.
- 5) **PHOTOGRAPHIC RELEASE:** I consent to be photographed and to allow YMCA's use of any photos of me or my minor child(ren) at its sole discretion.
- 6) **Waiver, Release and Indemnification.** Your RELEASE is complete and forever. It forever discharges and holds harmless the YMCA, Inc., its successors, assigns, officers, directors and volunteers (hereinafter YMCA) from any and all liability, claims, and demands of whatever nature in law or in equity, which arise or may hereafter arise from the volunteer activities as a YMCA participant and/or member. Further, you agree to INDEMNIFY the YMCA for any injury you or your child suffers at the YMCA.
- 7) **Your Release is Complete.** It discharges YMCA from any liability or claim that you may have with respect to any bodily injury, personal injury or property damage that may result from the [insert name of program]. Your release is complete whether your claim is due to negligence of YMCA or is based on any other legal or other theory whatsoever. In addition, you acknowledge that the YMCA is a charitable organization and that you are a beneficiary of the YMCA.
- 8) **Scope of this Release.** This Release is intended to be as broad and inclusive as permitted by the laws of the State of New Jersey. This Release shall be governed by and interpreted in accordance with the laws of the State of New Jersey. You agree that in the event that any court of competent jurisdiction shall hold any clause or provision of this Release invalid, the invalidity of such clause or provision shall not otherwise affect the remaining clauses or provisions of this Release, which shall continue to be enforceable.
- 9) The YMCA conducts regular sex offender screenings on all members, participants, and guests. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end volunteer and program participation, and remove visitation access.

HAVING READ, UNDERSTOOD, AND AGREED WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE, TO BE EFFECTIVE IMMEDIATELY.

Signature: _____ Date _____

Print Name: _____



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