



September 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Box of Cereal	2 Peanut Butter	3 Dry Beans	4 Cake Mix	5 Pasta	6 Mac & Cheese	7 Canned Meat
8 Oatmeal	9 Canned Tuna	10 Canned Fruit	11 Rice	12 Pop-Tarts	13 Flour	14 Canned Tomatoes
15 Pancake Mix	16 Canned Corn	17 Canned Soup	18 Cooking Spray	19 Crackers	20 Granola Bars	21 Hand In Food Box
22 Toothpaste	23 Shampoo	24 Body Wash	25 Deodorant	26 Toilet Paper	27 Hand Soap	28 Toothbrush
29 Paper Towel	30 Hand In Hygiene Bag	<p>HYGIENE BAGS: Fill a bag with the hygiene items listed for the last week of the month and bring it to the Y on September 30th.</p> <p>FOOD BOXES: Set a box aside and every day put the corresponding items on our calendar in the box for a family in need. On September 21st bring your box to the YMCA Open House to donate your collected items!</p>				

