

## <u>ATTENTION YMCA MEMBERS!</u>

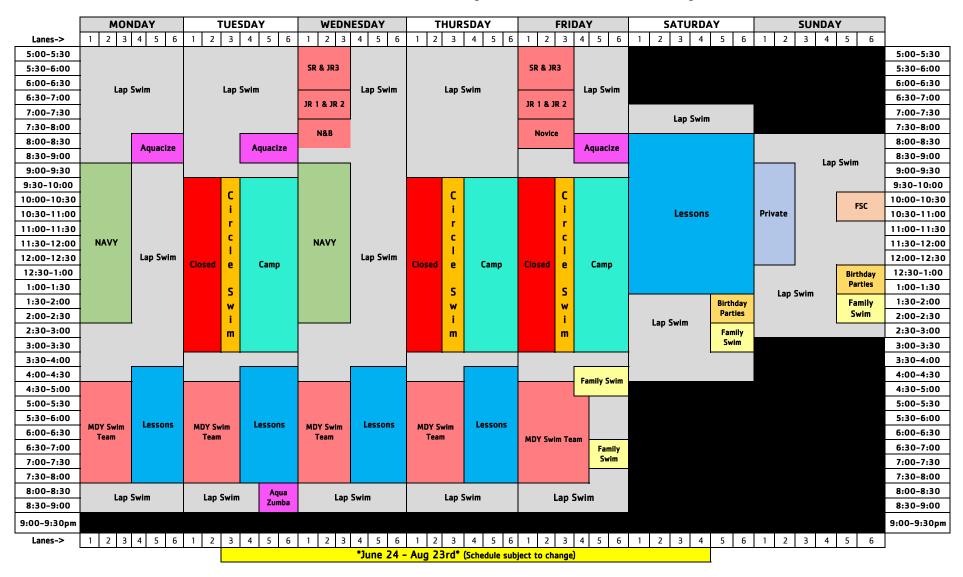
## **POOL RULES EFFECTIVE 10/30/23**

- Check in for Lap swim usage on deck is required.
- First come first serve until further notice.
- 1 visit per day.
- Slots may vary per hour.
- Lap swimmers will be allotted, 50 minutes per swim (Please see paper/website schedule).
- SHARING lanes may be required.
- Lane pairings may be assigned at the discretion of the Aquatics Department.
- While sharing lane usage to ensure no injuries occur, please notify the current swimmer that you are entering the lane with them.
- Swim caps for shoulder length hair OR longer is required.
- Shower shoes while entering the deck are required.
- Please rinse off before entering the pool.
- Please empty pockets for any miscellaneous items.
- NO GLASS ON DECK.

\*Family Swim may sign up online or over the phone 3 days in advance for the weekends. \*

If you have any questions or concerns about the following changes, please email Joelle Nessine the Aquatics Director. <a href="mailto:jnessine@meadowlandsymca.org">jnessine@meadowlandsymca.org</a>

## **Pool Schedule (Summer 2024)**



Grey Areas are Adult Lap Swim: For teens and adult members, 16 yrs and older, who are continuously swimming laps.

Youth Lane: For teens ,13 years and older who are continuosly swimming laps.

Family Swim - Particpants must sign up through the Meadowlands YMCA APP. Children 10 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years old must be accompanied by an adult in the pool area (vewing deck). Anyone 17 and younger will be swim tested in order to enter the deep end. \*Please do not double book\*

Must register for Family swim & other youth programs via the  $\ensuremath{\mathsf{APP^*}}$ 

Swim Team Morning Practice: July 10th, 17th, 12th, 19th & 26th

Pool CLOSED 4-9PM SPECIFIC DATES: June 28th. July 12.19 & 26th