

| SUNDAY | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | | | | | |
|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|--------|
| | | | | | | | | | | | | | | | | | |
| 5:00am | | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | | 5:00am | | | | | | | | | |
| 6:00am | | | | | | | | 6:00am | | | | | | | | | |
| 7:00am | | Full Court Basketball | Pickleball | Half Court Basketball | Pickleball | Half Court Basketball | Full Court Basketball | 7:00am | | | | | | | | | |
| 8:00am | | | | | | | | 8:00am | | | | | | | | | |
| 9:00am | | Half Court Basketball | | | | | Half Court Basketball | 9:00am | | | | | | | | | |
| 9:30am | | | | | | | | 9:30am | | | | | | | | | |
| 10:00am | | | | | | | Family Time | 10:00am | | | | | | | | | |
| 10:30am | | | | | | | | 10:30am | | | | | | | | | |
| 11:00am | | 11:00am | | | | | | | | | | | | | | | |
| 11:30am | | 11:30am | | | | | | | | | | | | | | | |
| 12:00pm | | Intro to Pickleball | | | | | Full Court Basketball | Full Court Basketball | Full Court Basketball | Half Court Basketball | Full Court Basketball | 12:00pm | | | | | |
| 12:30pm | | | | | | | | | | | | 12:30pm | | | | | |
| 1:00pm | | Full Court Basketball | | | | | | | | | | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | Full Court Basketball | 1:00pm |
| 1:30pm | | | | | | | | | | | | | | | | | 1:30pm |
| 2:00pm | 2:00pm | | | | | | | | | | | | | | | | |
| 2:30pm | 2:30pm | | | | | | | | | | | | | | | | |
| 3:00pm | 3:00pm | | | | | | | | | | | | | | | | |
| 3:30pm | 3:30pm | | | | | | | | | | | | | | | | |
| 4:00pm | 4:00pm | | | | | | | | | | | | | | | | |
| 4:30pm | 4:30pm | | | | | | | | | | | | | | | | |
| 5:00pm | Full Court Basketball | | Half Court Basketball | Dryland | Half Court Basketball | Private Practice | | | | | 5:00pm | | | | | | |
| 5:30pm | | | | | | | | | | | 5:30pm | | | | | | |
| 6:00pm | | | Full Court Basketball | Full Court Basketball | | Full Court Basketball | | | | | 6:00pm | | | | | | |
| 6:30pm | | | | | | | | | | | 6:30pm | | | | | | |
| 7:00pm | | | | 7:00pm | | | | | | | | | | | | | |
| 7:30pm | | | | 7:30pm | | | | | | | | | | | | | |
| 8:00pm | | 8:00pm | | | | | | | | | | | | | | | |
| 8:30pm | | 8:30pm | | | | | | | | | | | | | | | |
| 9:00pm | 9:00pm | | | | | | | | | | | | | | | | |