

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY																																				
Lanes->	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																															
5:05AM																																					5:00-5:30																																				
5:30-6:00																																											5:30-6:00																														
6:00-6:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim												6:00-6:30																																				
6:30-7:00																																											6:30-7:00																														
7:00-7:30																															Lap Swim												7:00-7:30																														
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8:00-8:30							Aquacize						Aquacize						Aquacize						Aquacize						Lessons						Lap Swim						8:05-8:30																														
8:30-9:00																																																							8:30-9:00																		
9:00-9:30	US NAVY												US NAVY						Mara												Lessons						Lap Swim						9:00-9:30																														
9:30-10:00																																																							9:30-10:00																		
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12:30-1:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lessons						Lap Swim						12:30-1:00																								
1:00-1:30																																																													1:00-1:30												
1:30-2:00																																											Birthday Parties						Birthday Parties						1:30-2:00																		
2:00-2:30																																					Lap Swim						Family swim						Family Swim						2:00-2:30																		
2:30-3:00																																																																			2:30-3:00						
3:00-3:30																																																																			3:00-3:30						
3:30-4:00	Becton						Becton						Becton						Becton						Becton						Becton						Special Olympics												3:30-4:00																								
4:00-4:30																																																																			4:00-4:30						
4:30-5:00																																																																									4:30-5:00
5:00-5:30	MDY SHARKS						Lessons						MDY SHARKS						Lessons						MDY SHARKS						Lessons						MDY SHARKS						Family Swim												5:00-5:30																		
5:30-6:00																																																																									5:30-6:00
6:00-6:30																																																																									6:00-6:30
6:30-7:00	MDY SHARKS						MDY SHARKS						MDY SHARKS						MDY SHARKS						MDY SHARKS						MDY SHARKS																														6:30-7:00												
7:00-7:30																																																																									7:00-7:30
7:30-8:00																																																																									7:30-8:00
8:00-8:40	Lap swim						Lap swim						Aqua Zumba						Lap swim						Lap swim						Lap swim																														8:00-8:30												
8:30-9:00																																																																									8:30-9:00
Lanes->	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6																															

Schedule subject to change

**Grey Areas are Adult Lap Swim**

For teens and adult members, 16 yrs and older, who are continuously swimming laps.

**Youth Lane: For teens, 13 years and older who are continuously swimming laps.**

**Family Swim** - Participants must sign up through the Front desk OR Website. Children 10 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years old must be accompanied by an adult in the pool area (viewing deck). Anyone 17 and younger will be swim tested in order to enter the deep end. **\*Please do not double book\***

\*Please review pool rules posted on deck \*