

# 2024 SPRING SWIM LESSONS

REGISTRATION OPENS

2/14 @ 5PM

ONLINE ONLY

MEMBERS \$325

NON-MEMBERS \$365

CLASSES BEGIN WEEK OF

3/4/2024

13 Week Session

\*No Monday Classes 5/27

## PARENT / CHILD LESSONS

### STAGE A (6 - 18 months)

Saturdays:

8:30 - 9:00 AM & 9:40 - 10:10 AM

### STAGE B (18 months - 3 years)

Saturdays:

9:05 - 9:35 AM & 10:15 - 10:45 AM

## PRESCHOOL LESSONS

(3 - 5 years)

### STAGE C

**Mondays:** 4:00 - 4:30 PM / 5:30 - 6:00 PM \* (\$300 / \$337)

**Wednesdays:** 4:30 - 5:00 PM / 6:00 - 6:30 PM

**Saturdays:** 8:30 - 9:00 AM / 10:15 - 10:45 AM / 11:35 - 12:05 PM

\*No Class Memorial Day Monday 5/27

### STAGE D

**Mondays:** 4:30 - 5:00 PM / 6:00 - 6:30 PM \* (\$300 / \$337)

**Tuesdays:** 4:00 - 4:30 PM

**Wednesdays:** 5:00 - 5:30 PM / 6:30 - 7:00 PM

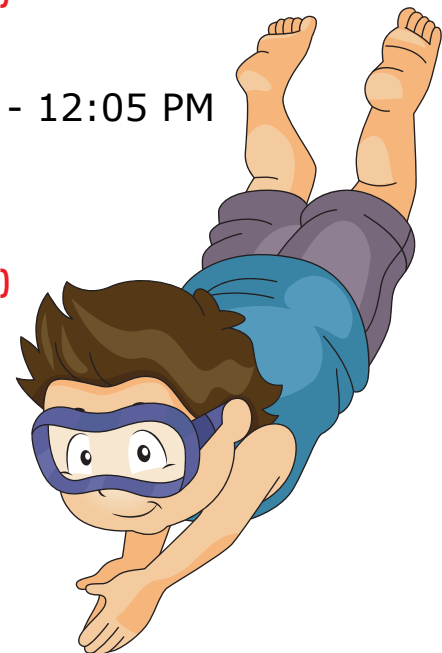
**Saturdays:** 8:30 - 9:00 AM / 11:35 - 12:05 PM

\*No Class Memorial Day Monday 5/27

### STAGE E

**Tuesdays:** 4:30 - 5:00 PM

**Saturdays:** 9:40 - 10:10 AM



For More Information & Class Descriptions  
call 201-955-5300 or visit [meadowlandsymca.org](http://meadowlandsymca.org)





# YOUTH LESSONS

(6-14 years)



## STAGE 1

**Mondays:** 5:00 - 5:30 PM / 6:30 - 7:00 PM \* (\$300 / \$337)

\*No Class Memorial Day Monday 5/27

**Tuesdays:** 5:00 - 5:30 PM

**Wednesdays:** 5:30 - 6:00 PM

**Saturdays:** 9:05 - 9:35 AM / 12:10 - 12:40 PM

## STAGE 2

**Mondays:** 7:00 - 7:30 PM \* (\$300 / \$337)

\*No Class Memorial Day Monday 5/27

**Tuesdays:** 5:30 - 6:00 PM

**Wednesdays:** 7:00 - 7:30 PM

**Thursdays:** 4:30 - 5:00 PM

**Saturdays:** 9:05 - 9:35 AM / 11:00 - 11:30 AM

## STAGE 3

**Tuesdays:** 6:00 - 6:30 PM

**Thursday:** 5:30 - 6:00 PM

**Saturdays:** 9:40 - 10:10 AM /  
11:00 - 11:30 AM / 12:10 - 12:45 PM

## STAGE 4

**Tuesdays:** 6:30 - 7:00 PM

**Thursday:** 5:00 - 5:30 PM / 6:00 - 6:30 PM

**Saturdays:** 10:15 - 10:45 AM / 11:00 - 11:30 AM



## STAGE 5

**Thursday:**

6:30 - 7:00 PM

**Saturdays:**

11:35 - 12:05 PM

## STAGE 6

**Saturdays:**

12:10 - 12:45 PM



# ADULT LESSONS (15+)

(\$528 / \$618)



## BEGINNER

**Tuesdays:**

7:00 - 7:45 PM

## INTERMEDIATE

**Thursdays**

7:00 - 7:45 PM

