

# 2023 Summer Pool Schedule

Lanes->	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
5:00-5:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
5:30-6:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim					
6:00-6:30	Swim team						Swim team						Swim team						Swim team						Swim team						Swim team						Swim team					
6:30-7:00	Swim team						Swim team						Swim team						Swim team						Swim team						Swim team						Swim team					
7:00-7:30	Swim team						Swim team						Swim team						Swim team						Swim team						Swim team						Swim team					
7:30-8:00	Swim team						Swim team						Swim team						Swim team						Swim team						Swim team						Swim team					
8:00-8:30	Swim team						Swim team						Swim team						Swim team						Swim team						Swim team						Swim team					
8:30-9:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
9:00-9:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
9:30-10:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
10:00-10:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
10:30-11:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
11:00-11:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
11:30-12:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
12:00-12:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
12:30-1:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
1:00-1:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
1:30-2:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
2:00-2:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
2:30-3:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
3:00-3:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
3:30-4:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
4:00-4:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
4:30-5:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
5:00-5:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
5:30-6:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
6:00-6:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
6:30-7:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
7:00-7:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
7:30-8:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
8:00-8:30	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
8:30-9:00	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					
9:00-9:30pm	Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons						Swim Lessons					

Schedule subject to change

**Grey Areas are Adult Lap Swim**

For teens and adult members, 16 yrs and older, who are continuously swimming laps.

**Youth Lane:** For teens, 13 years and older who are continuously swimming laps.

**Family Swim** - Participants must sign up through the "My WELLNESS" App. Children 10 yrs and younger and non-swimmers wearing life vests must have an adult, 18 yrs or older, in the water within arm's reach at all times. Children 9-12 years old must be accompanied by an adult in the pool area (viewing deck). Anyone 17 and younger will be swim tested in order to enter the deep end. **\*Please do not double book\***

**\* For any activities in the pool must be reserved on our "My Wellness" app or the kiosk in our Wellness center\***