

2023 SPRING PROGRAMS

REGISTRATION OPENS 2/8 @ 5PM

Classes begin February 20
8 week classes unless otherwise noted
all prices are member pricing

PLAYGROUP FREE

Wednesdays 11-11:45am ages 6MTHS-3 (parent/child)

ZUMBA KIDS FREE

Sundays 10-10:45am ages 5-8

FAMILY YOGA FREE

Sundays 9-10am ages 5-8

FUNCTIONAL FOUNDATIONS FREE

Mondays 5-5:45pm ages 10-14



RISING STARS \$136

Saturdays 9-9:45am ages 2-3 (parent/child)

MINI ALL STARS \$136

Saturdays 10-10:45am ages 4-6

MESSY ART \$136

Wednesdays 9-9:45am ages 1-4 (parent/child)

PRESCHOOL PREP \$136

Wednesdays 10-10:45am ages 2-3

PARENT CHILD MARTIAL ARTS \$136

Sundays 11-11:45Am ages 3-6 (parent/child)

CHILD'S SELF DEFENSE \$136

Sundays 12-12:45pm ages 7-15



For more information call 201-955-5300 or visit meadowlandsymca.org



2023 SPRING PROGRAMS CONTD

GYMNASTICS \$136

Mondays 5-6pm ages 5-12 **\$166** (advanced coach approval)

6-6:45pm ages 5-12 (beginner)

Wednesdays 4:45-5:30pm ages 2-4 (tiny tumblers parent/child)

5:30-6:15pm ages 5-12 (beginner)

6:15-7pm ages 5-12 (beginner)

Saturdays 9:15-10am ages 2- (tiny tumblers parent/child)

10:15-11am ages 5-12 (beginner)

11-12pm ages 5-12 **\$166** (advanced coach approval)

YOUTH SAQ \$136

Saturdays 11-11:45am ages 10-14

BASEBALL SKILLS \$136

Thursdays 5-5:55pm ages 5-8

6-6:55pm ages 9-12

TENNIS \$136

Sundays 9-9:45am ages 5-8

10-10:45am ages 9-12

FOOTBALL SKILLS \$136

Sundays 9-9:45am ages 5-8

10-10:45am ages 9-12

BASKETBALL SKILLS \$136

Saturdays 11-11:45am ages 5-8

12-12:45pm ages 9-12

Mondays 5-5:45pm ages 5-8

6-6:45pm ages 9-12

SOCCER SKILLS \$136

Saturdays 9-9:45am ages 5-8

10-10:45am ages 9-12

Wednesdays 5-5:45pm ages 5-8

6-6:45pm ages 9-12



For more information call 201-955-5300 or visit meadowlandsymca.org

