

2022 FALL 1 SWIM LESSONS

Registration Opens 9/7 @ 5PM online only

Classes are 6 weeks unless otherwise noted

Classes begin 9/26

Schedule subject to change.

Parent/Child 6mths-3 yrs \$150

STAGE A 6-18MTHS

Saturdays 8:30-9am, 9:40-10:10am

STAGE B 18MTHS-3YRS

Saturdays 9:05-9:35am, 10:15-10:45am

Preschool 3-5 yrs \$150

STAGE C

Mondays 3-3:30pm, 5-5:30pm

Tuesdays 4-4:30pm

Wednesdays 5:30-6pm

Thursdays 5-5:30pm

Saturdays 8:30-9am, 11am-11:30am

Sundays 8:30-9am

STAGE D

Mondays 5:30-6pm

Tuesdays 4:30-5pm

Wednesdays 5-5:30pm

Thursdays 4-4:30pm

Saturdays 8:30-9am, 9:40-10:10am

Sundays 9:05-9:35am, 10:15-10:45am

STAGE E

Tuesdays 5-5:30pm

Sundays 9:40-10:10am



For more information

call 201-955-5300 or meadowlandsymca.org

2022 FALL 1 SWIM LESSONS

Youth 6-14 yrs \$150

STAGE 1

Mondays 4:30-5pm, 6:30-7pm

Tuesdays 6-6:30pm

Wednesdays 4-4:30pm

Thursdays 5:30-6pm

Saturdays 9:05-9:35am, 12:10-12:40pm

STAGE 2

Mondays 4-4:30pm, 7-7:30pm

Tuesdays 5:30-6pm

Wednesdays 6-6:30pm

Thursdays 4:30-5pm

Saturdays 9:05-9:35am, 10:15-10:45am, 12:10-12:40pm

Sundays 11-11:30am

STAGE 3

Mondays 6-6:30pm

Tuesdays 6:30-7pm

Saturdays 9:40-10:10am, 11:35-12:05pm

Sundays 11:35-12:05pm

STAGE 4

Wednesdays 7-7:30pm

Thursdays 6-6:30pm

Saturdays 10:15-10:45am

Sundays 12:10-12:40pm

STAGE 5

Thursdays 6:30-7pm

Saturdays 11-11:30am

STAGE 6

Saturdays 11:35-12:05pm

Adult 14+ yrs \$210

BEGINNER

Tuesdays 7-7:45pm

INTERMEDIATE

Thursdays 7-7:45pm



For more information

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