

2022 SUMMER WEEKEND SWIM LESSONS

Registration Opens 6/15 @ 5PM online (5:30pm in person & over phone)

Classes begin 7/9

Classes are \$200 for 8 weeks

Schedule subject to change.

Parent/Child 6mths-3yrs

STAGE A 6-18MTHS

Saturdays 8:30-9am, 9:40-10:10am

STAGE B 18MTHS-3YRS

Saturdays 9:05-9:35am, 10:15-10:45am

Preschool 3-5yrs

STAGE C

Saturdays 8:30-9am, 11:35am-12:05pm

Sundays 9:05-9:35am, 11-11:30am

STAGE D

Saturdays 9:40-10:10am

Sundays 8:30-9am

STAGE E

Saturdays 12:10-12:40pm

Sundays 11:35-12:05pm

Youth 6-14yrs

STAGE 1

Saturdays 9:05-9:35am, 11-11:30am

Sundays 9:40-10:10am

STAGE 2

Saturdays 10:15-10:45am, 12:10-12:40pm

Sundays 10:15-10:45am

STAGE 3

Saturdays 11-11:30am

Sundays 12:10-12:40pm

STAGE 4

Saturdays 11-11:30am

STAGE 5

Saturdays 11:35-12:05pm

STAGE 6

Saturdays 12:10-12:40pm



For more information the
call 201-955-5300 or meadowlandsymca.org



2022 SUMMER WEEKDAY SWIM LESSONS

This summer weekday swim lessons will be a little different. We will have 3 summer weekday sessions that are 3 weeks long each. Classes will be held twice a week, either Monday & Wednesday or Tuesday & Thursday. Classes will be 40 minutes long. Registration opens at 5pm online and 5:30pm inperson & over phone

SUMMER 1

Registration Opens
6/15 @ 5PM
Classes begin 6/27

SUMMER 2

Registration Opens
7/13 @ 5PM
Classes begin 7/18

SUMMER 3

Registration Opens
8/3 @ 5PM
Classes begin 8/8

Classes are \$200 for 3 weeks

Schedule subject to change.

Preschool 3-5yrs

STAGE C

Monday & Wednesday 2-2:40pm, 5:45-6:25pm
Tuesday & Thursday 2-2:40pm

STAGE D

Monday & Wednesday 2:45-3:25pm
Tuesday & Thursday 2:45-3:25pm

STAGE E

Tuesday & Thursday 4:15-4:55pm

Youth 6-14yrs

STAGE 1

Monday & Wednesday 3:30-4:10pm

STAGE 2

Monday & Wednesday 4:15-4:55pm, 6:25-7:05pm
Tuesday & Thursday 3:30-4:10pm

STAGE 3

Monday & Wednesday 5-5:40pm
Tuesday & Thursday 5-5:40pm

STAGE 4

Tuesday & Thursday 5:45-6:25pm

STAGE 5

Tuesday & Thursday 6:25-7:05pm



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