

2022 SPRING 2 SWIM LESSONS

Registration Opens 4/13 @ 5PM

Classes are \$200 for 8 weeks unless otherwise noted

Classes begin 4/25

Schedule subject to change.

Parent/Child 6mths-3yrs

STAGE A 6-18MTHS

Saturdays 8:30-9am, 9:40-10:10am

STAGE B 18MTHS-3YRS

Saturdays 9:05-9:35am, 10:15-10:45am

Preschool 3-5yrs

STAGE C

Mondays 4-4:30pm, 6-6:30pm

Tuesdays 4-4:30pm

Wednesdays 4-4:30pm

Thursdays 5:30-6pm

Saturdays 8:30-9am, 11:35am-12:05pm

Sundays 9:05-9:35am, 11-11:30am

STAGE D

Mondays 4:30-5pm

Tuesdays 5:30-6pm

Wednesdays 5-5:30pm

Thursdays 5:30-6pm

Saturdays 9:40-10:10am

Sundays 8:30-9am, 11:35am-12:05pm

Adult 14+ yrs \$280

BEGINNER

Tuesdays 7-7:45pm

INTERMEDIATE

Thursdays 7-7:45pm



For more information call 201-955-5300 or meadowlandsymca.org

2022 SPRING 2 SWIM LESSONS

Youth 6-14 yrs

STAGE 1

Mondays 5:30-6pm

Tuesdays 4:30-5pm, 6-6:30pm

Wednesdays 4:30-5pm

Thursdays 6-6:30pm

Saturdays 9:05-9:35am

Sundays 9:40-10:10am

STAGE 2

Mondays 6:30-7pm, 7-7:30pm

Tuesdays 5-5:30pm

Thursdays 4:30-5pm, 6:30-7pm

Saturdays 10:15-10:45am, 12:10-12:40pm

Sundays 10:15-10:45am

STAGE 3

Mondays 5-5:30pm

Tuesdays 6:30-7pm

Wednesdays 5:30-6pm

Thursdays 5-5:30pm

Saturdays 11-11:30am

Sundays 12:10-12:40pm

STAGE 4

Wednesdays 6:30-7pm

Thursdays 5-5:30pm, 6-6:30pm

Saturdays 11:00-11:30am

STAGE 5

Wednesdays 7-7:30pm

Thursdays 6:30-7pm

Saturdays 11:35am-12:05pm

STAGE 6

Saturdays 12:10-12:40pm



For more information call 201-955-5300 or meadowlandsymca.org