FROST

	SUN	MON	TUE	WED	THU	FRI	SAT	
5:00AM		FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL		5:00AM
5:30AM								5:30AM
6:00AM								6:00AM
6:30AM								6:30AM
7:00AM		PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	FULL COURT BASKETBALL	7:00AM
7:30AM								7:30AM
8:00AM	FULL COURT BASKETBALL							8:00AM
8:30AM								8:30AM
9:00AM								9:00AM
9:30AM								9:30AM
10:00AM							FAMILY TIME	10:00AM
10:30AM								10:30AM
11:00AM								11:00AM
11:30AM								11:30AM
12:00PM								12:00PM
12:30PM		FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	FULL COURT BASKETBALL	12:30PM
1:00PM	VOLLEYBALL							1:00PM
1:30PM								1:30PM
2:00PM								2:00PM
2:30PM								2:30PM
3:00PM								3:00PM
3:30PM								3:30PM
4:00PM								4:00PM
4:30PM								4:30PM
5:00PM		HALF COURT BASKETBALL		HALF COURT BASKETBALL				5:00PM
5:30PM								5:30PM
6:00PM		FULL COURT BASKETBALL						6:00PM
6:30PM				FULL COURT BASKETBALL	HALF COURT BASKETBALL			6:30PM
7:00PM		BBL BASKETBALL	BBL BASKETBALL					7:00PM
7:30PM					FULL COURT BASKETBALL			7:30PM
8:00PM								8:00PM
8:30PM								8:30PM