

FLOW

SUN

MON

TUE

WED

THU

FRI

SAT

5:00AM							5:00AM
5:30AM							5:30AM
6:00AM							6:00AM
6:30AM							6:30AM
7:00AM							7:00AM
7:30AM							7:30AM
8:00AM							8:00AM
8:30AM							8:30AM
9:00AM	PICKLEBALL						9:00AM
9:30AM							9:30AM
10:00AM							10:00AM
10:30AM							10:30AM
11:00AM	ZUMBA					GYMNASTICS	11:00AM
11:30AM							11:30AM
12:00PM							12:00PM
12:30PM							12:30PM
1:00PM		FOOD DISTRIBUTION					1:00PM
1:30PM							1:30PM
2:00PM							2:00PM
2:30PM							2:30PM
3:00PM							3:00PM
3:30PM							3:30PM
4:00PM							4:00PM
4:30PM							4:30PM
5:00PM							5:00PM
5:30PM	GYMNASTICS		GYMNASTICS				5:30PM
6:00PM							6:00PM
6:30PM							6:30PM
7:00PM					BADMINTON		7:00PM
7:30PM						VOLLEYBALL	7:30PM
8:00PM							8:00PM
8:30PM							8:30PM